

See [www.kirtlandfootball.org](http://www.kirtlandfootball.org) for more information!!

**KYFL 2011 Equipment Inventory and Care Instructions:**

The KYFL strives to keep registration and playing fees to a minimum. In order to do so, extensive time and effort is placed into the process of caring for and maintaining inventory of a wide variety of playing equipment so that it may be re-used where possible year after year. In order for this to be as efficient as possible, it is critical that you maintain your equipment appropriately and that everything is returned in as good of condition as possible upon completion of the season.

Below is a list of the equipment that your child will receive for the 2011 season. Please see the KYFL website ([www.kirtlandfootball.org](http://www.kirtlandfootball.org)) page called “Uniforms and Equipment” for care instructions for all equipment and for instruction on how to assemble the uniforms for your child. Of course see your child’s coach if you have any uniform concerns. Keep this list handy to help you remember all of the items that need to be cleaned and returned upon completion of the football season.

<b>You will receive these items prior to the first practice:</b>	
1 Practice Jersey (either blue or yellow)	<b>Notes:</b> Please <u>do not cut nor alter in any way</u> the pads or belts (or any other equipment)!!!  See your coach if you have issues with the size of any equipment.  Do not return mouth guards at end of season.
1 Practice Pants (white)	
1 5-pad Girdle	
1 Belt (blue)	
7 Pads (two hip, two thigh, two knee, one tail)	
1 Mouth guard	
1 Helmet	
1 set Shoulder Pads	
<b>You will receive these items prior to the first game of the season:</b>	
1 Game Jersey (White)	
1 Game Jersey (Blue)	
1 Game Pants (Gold)	
1 Game Belt (Gold)	
<b>You will need to provide the following:</b>	
<b>Shoes</b>	Players should wear proper-fitting football-style non-metal cleats
<b>Athletic Cups</b>	The KYFL recommends that players wear a properly fitted Athletic Cup during practice and games.
<b>Undershirts &amp; Socks</b>	The KYFL does not provide undershirts nor does it provide socks for the uniform. Any color or style of sock is acceptable, blue or white socks are preferred.
<b>Water bottle</b>	Send a bottle of water to practice with your child. If it is reusable, please put your child’s name on the bottle.

If your child’s mouth guard becomes damaged or otherwise unusable during the course of the season, see a coach to get another one (or they can be purchased at any sporting goods store). Otherwise it is preferred that your child only use or wear pads or equipment that is issued by the KYFL (this includes girdles, pads, etc).

One other important note – please do your best to send your child to all practices and games properly hydrated, particularly during the hot summer months. Research shows that most kids do NOT show up to practice properly hydrated! Drink water before participating!